



# PDA RESOURCES

Pathological Demand Avoidance (PDA) falls under the umbrella term of autism but is distinct in many ways. It is a lifelong condition that affects the way a person communicates and how they experience the world around them. Some of the characteristics of PDA are the pervasive avoidance of everyday demands, impulsivity, mood and sensory sensitivities, enjoyment of role play/pretence and at times person-focused obsessive tendencies.

## **Information, Support and Advice:**

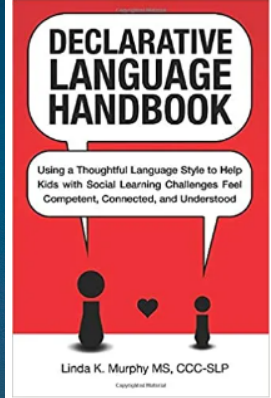
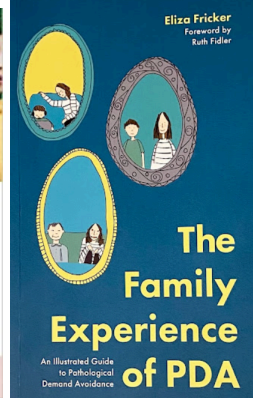
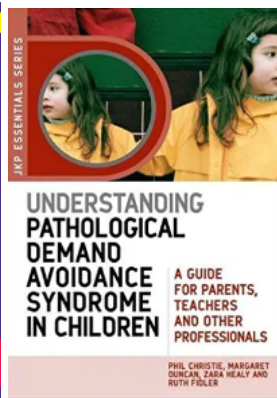
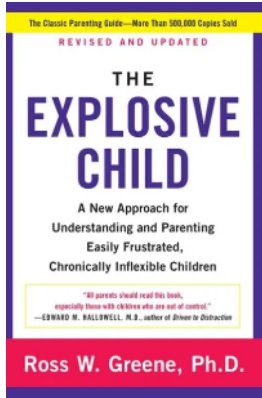
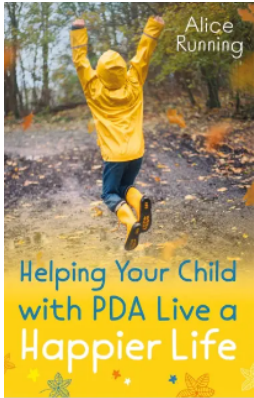
- [PDA Society](#)
- [National Autistic Society](#)
- [PDA Autonomous Parenting Support Group](#)
- [PDA Families & Practitioners](#)
- [Aspris Children's Services](#)
- [Steph's Two Girls](#)

## **Courses, Training and Webinars:**

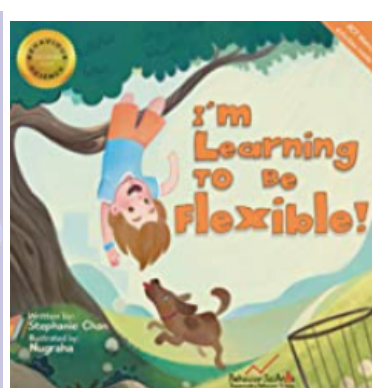
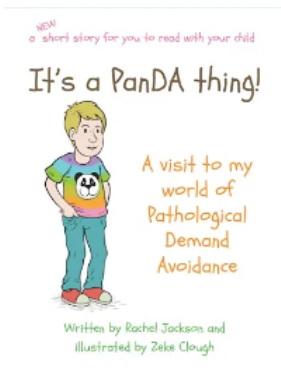
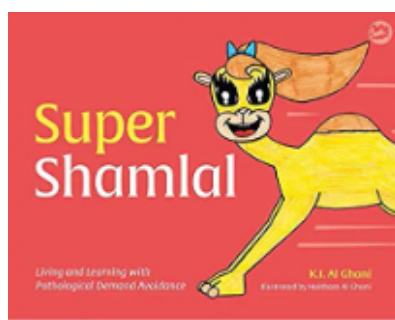
- [PDA Society Training](#)
- [Naomi Fisher](#)
- [PDA Society](#)



## Books for Parents/Guardians:

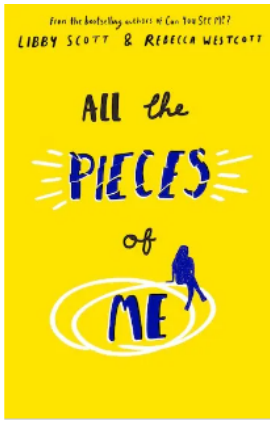
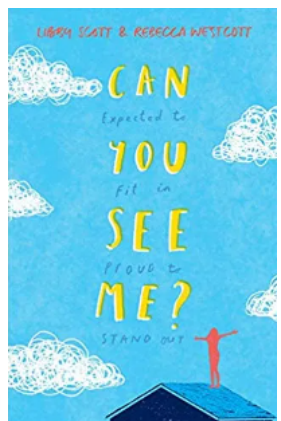
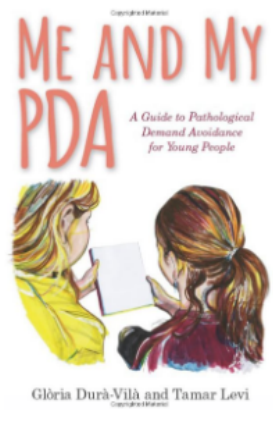
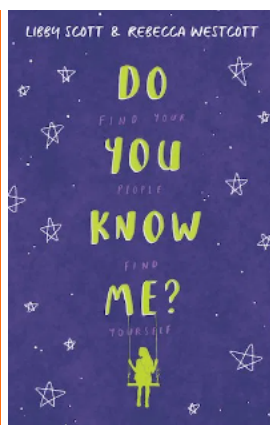
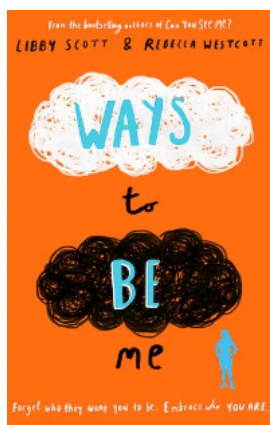
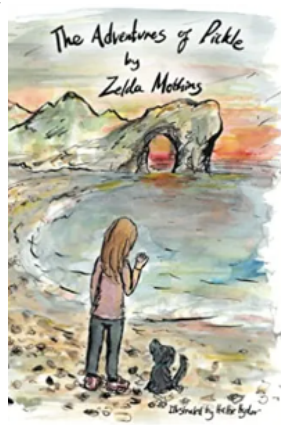
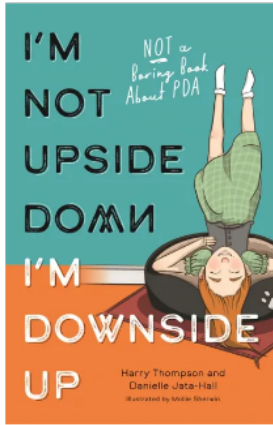


## Books for Younger Children:

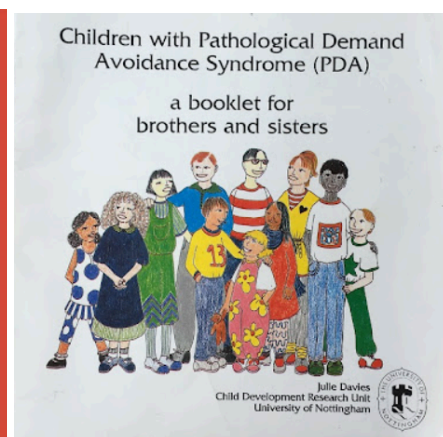
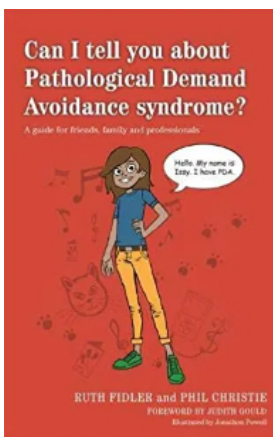




## Books for Children/Young People:



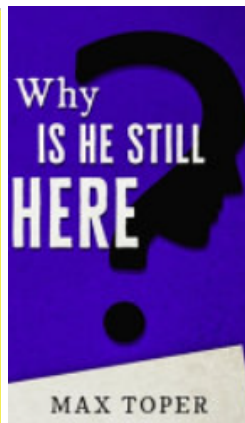
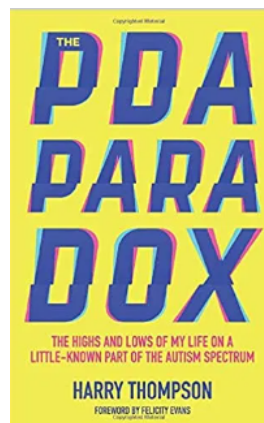
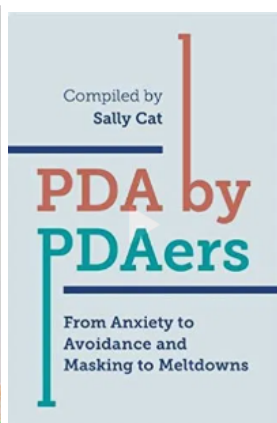
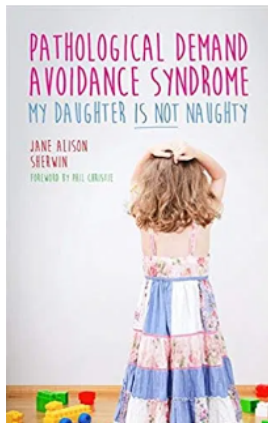
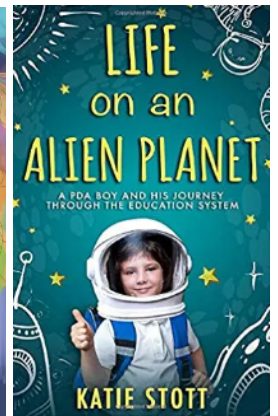
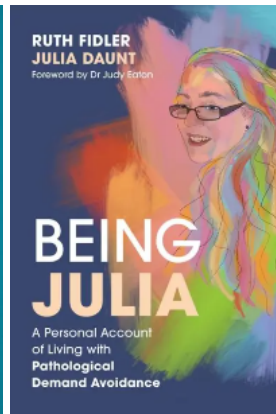
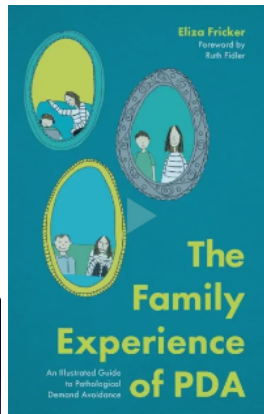
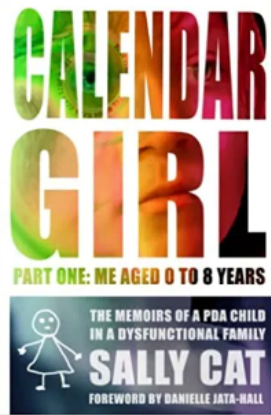
## Books for Siblings:







## Personal Accounts:



## PDA Blogs:

- [Steph's Two Girls](#)
- [Me, Myself and PDA](#)
- [Sally Cat PDA](#)
- [Dragon Riko](#)
- [Harry Thompson](#)
- [Intune Pathways](#)